

PERUGIA: GENERAL TRAVEL TIPS

Passport Regulations A visa is not required for US or Canadian citizens holding a valid passport unless they expect to stay in Italy for more than 90 days or are entering the country for study or employment reasons. Anyone who decides to stay over 90 days once they have entered the country should make an application once only to any police station for an additional 90-day extension. Generally, permission is granted immediately. Non-American citizens should check current visa requirements with the nearest Italian Embassy or Consulate before departure.

Pets A traveller entering Italy with a dog or cat must have a veterinary certificate stating that the animal is in good health and has been vaccinated against rabies between 20 days and 11 months prior to entry into Italy. The certificate is valid for 30 days. Forms are obtainable at all Italian Embassies and Consulates and from the Italian Government Travel Office. Parrots, parakeets, rabbits and hares also require health certificates and in addition are subject to an examination upon entering Italy. Dogs must be on a leash or muzzled when in public. Customs officials may require a health examination of any pet if they suspect that it is ill or has come directly from tropical regions.

Healthcare and Medical Assistance Tourists requiring urgent medical care should go to the nearest hospital emergency ward (airports and many railway stations also have medical teams and first aid facilities). Those with serious illnesses or allergies should always carry a special note from their physicians giving detailed information on the treatments they are following or that may be necessary. Pharmacies generally follow shop opening times (approximately from 8.30 a.m. to 12.30 p.m. and from 3.00 to 7.00 pm, Monday to Saturday, but some are open throughout the day (Centre of Perugia). Night time service is provided on a few pharmacies (Farmacia Sodalizio di San Martino, Piazza Matteotti 26, Perugia). Opening hours are displayed outside each pharmacy and are published in local newspapers. It is advisable to dispose of a document certifying coverage by the national health care service before departure.

Health Services and Insurance Policy Italy has no medical program covering citizens from the US and Canada. US and Canadian tourists are therefore advised to take out an insurance policy before travelling. First Aid Services are available in airports, ports, railway stations and in all hospitals. Medicines, be they prescription or over the counter, can be obtained only in pharmacies.

Perugia weather information: Umbria is a landlocked, mountainous region with a typically Mediterranean climate: hot, dry summers and cold winters. In recent years winters have been considerably drier than in the past. The Apennine mountains acts as a protection barrier from both the climatic influences of the Adriatic Sea to the North West and from the cold air currents descending from the North East. Although Perugia is a perfectly functional tourist destination all year round, it is preferable to arrange visits from the spring (February - March) until the late fall (October). The city of Perugia is located at about 400 m a.s.l. and can be cool in the early morning and late evening, even during summer.